

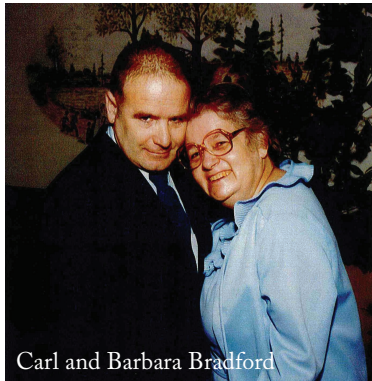


HERITAGE NEWSLETTER

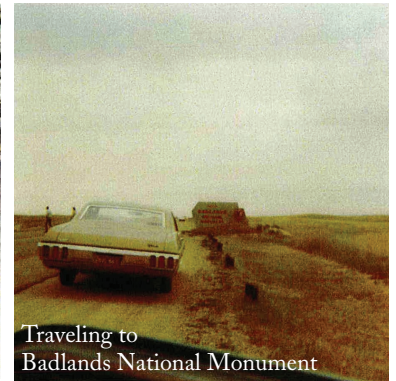
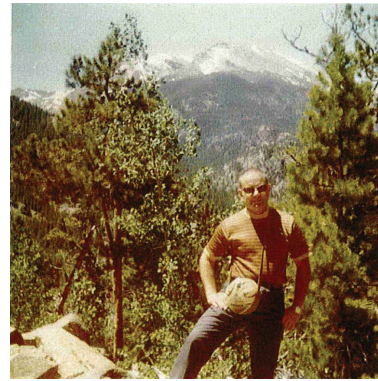
SPRING 2014

A semiannual publication of the Catholic Diocese of Arlington

Walking and Talking to Spread the Word of Jesus



Carl and Barbara Bradford



Traveling to Badlands National Monument

To those who knew him, Carl Bradford was a quiet and reserved parishioner. He was born and raised in D.C., then married the love of his life, Barbara. As a baby, she was baptized at St. Dominic Catholic Church in Southwest Washington, D.C. Carl converted to Catholicism prior to their marriage. Carl and Barbara chose to move to the suburbs and purchased a house in Dale City, Virginia. This would become their home for more than 40 years. In 1974, they watched construction on the nearby hillside that developed into Holy Family Church and later, included the opening of a school.

Mr. and Mrs. Bradford were gentle spirited people who lived a Christ-centered life. As an optical technician, Carl commuted to D.C. daily. He suffered the loss of Barbara when she passed on from this life in 2008. Over the years and as a widower, Carl spent countless hours professing his faith as a member of the Legion of Mary. He purchased copies of *Pillar of Fire, Pillar of Truth* in large quantities and distributed the booklets along with rosaries. Throughout Dale City, Carl would walk

10 miles a day until his health would not allow him. On these walks he talked to many people including those who no longer attended church. Carl talked to people about their past experiences in life and knew that we are all human and as humans, we all make mistakes. Although he was never blessed with children, he loved them dearly and enjoyed conversing with them.

Both Carl and Barbara suffered through a number of debilitating health issues in their lives. However, their faith and trust in God never diminished, but rather, was even strengthened. The Catholic faith was always important to them, and they desired to help further our Church when they passed on to be with the Lord. If one can call a will 'simple', that is how Carl aimed his to be when he updated his will after Barbara's death. He named an executor and stated that upon his death, all of his belongings be given to the Catholic Diocese of Arlington for general charitable purposes.

Carl's named executor was a close friend and fellow member in the Legion of Mary. Carl and Barbara lived a

poor life at their own choosing, but in so doing developed an above average estate. Their one extravagance was an annual vacation by car to the mountains of Virginia or beyond. They embraced the beauty of nature that God offers to all of us.

While our lives here on earth are certain to end, our Church and our love of Mary and her Son Jesus Christ will never end. Carl lived the life of a suffering servant. He realized the value of leaving his worldly possessions in the care of our Bishop who can help to ensure that our diocesan church operates in perpetuity. Bishop Loverde expressed his heartfelt gratitude for the generous example of stewardship exhibited in this estate gift. He noted, "As the Bishop, it is very humbling to have faithful friends like Carl and Barbara seeking to help further the mission of Jesus Christ in our diocese." This support from the Bradfords will be used by Bishop Loverde to provide help to Holy Family Parish, evangelization programs, and other diocesan programs to support and strengthen the Catholic faith.

Outing to San Damiano Spiritual Retreat Center



On Friday, May 9, God blessed us with a perfect day to appreciate the outdoors as we toured the facility and grounds at the Diocese's San Damiano Spiritual Life Center in White Post, Virginia. Located in the Shenandoah Valley, the Center has room for more

than 100 daytime guests or about 50 overnight guests. It is surrounded by 150 acres of natural beauty. This location offers opportunities for a wide variety of diocesan parishioner and ministry retreats and days of reflection. Bishop Loverde and the staff at the Spiritual Life Center hope that it will always be a 'place set apart' for groups or individuals seeking spiritual growth. The center became part of our Diocese in 2006. Prior to the diocesan purchase, the structure, built in 1960, served as both a novitiate for the Third Order Regular of St. Francis' Sacred Heart of Jesus Province as well as a full-time retreat center. In the early 1990s, the building was converted into a home for the Order's older friars.

We started our day at 10:30 with a meet and greet hosted by Reverend Samuel Vaccarella, TOR, Executive Director at the Center and John Campbell, Administrative Director. From our gathering in the courtyard, John then led everyone through the facility with stops explaining how retreats are run. Along the way, we enjoyed a vast array of

artwork including framed photos of all parishes within our Diocese. We were led to the back patio which was abundant with sunshine and a refreshing spring breeze. Next stop was through a grove of pine trees that shelters an open air Stations of the Cross walk. This walk ends in a small clearing where a sunbeam highlights a statue of The Resurrection. We proceeded to shade trees next to a pond with a statue of Our Blessed Mother Mary where Fr. Sam led us in prayer of the Rosary. At noon, Mass was celebrated by Reverend Mark Mealey, OSFS, our Vicar General. The chapel at San Damiano is peacefully located within a rotunda shaped corner of the building. Peace is enhanced as you view an oil painting of Mother Teresa next to stained glass entry doors. Following Mass, lunch was a celebration of well prepared and presented food served by the fabulous chef and kitchen staff at the retreat center.

Our group could not have ordered a prettier day nor asked for more hospitality. These few hours spent at the Center was soothing to the soul. If you have been meaning to take some time for the Lord... just you and Him...why not make that time within one of the events scheduled at the only diocesan retreat center, The San Damiano Spiritual Life Center.



Fr. Sam leads Rosary

Outing to St. Rose of Lima Priests' Retirement Villa



Our second spring outing as selected by responses received from a survey mailed to CHC members last fall was to St. Rose of Lima Priests' Retirement Villa in Annandale, Virginia. We met on Wednesday, May 14 at a property the Diocese is blessed to have in place as a home for our retired priests. The mission of this Villa is to uphold the dignity and beauty of the aging process of the priests *in Persona Christi*; to support the spiritual, psychosocial, and physical needs of the retired priest; and to empower the priests to live independently and remain safely in the Villa.

The Villa was constructed in 2008 with blueprints for expansion when our retired priest population increases. By design, this two level expanse has an abundance of windows which will lift your spirits even on a cloudy day!

This visit started at 11:00 with a gathering in the naturally lit community living room as guests met Reverend Monsignor Frank Mahler (Ret.) and Reverend Canon Philip Majka (Ret.). Fellowship was followed by a tour led by Sr. Kathryn Mullarkey, FSE, Residential Manager. This tour was highlighted by stops in an upper level library area which includes comfortable reading chairs as well as a serene view of the chapel from the balcony. The group took a respite in the garden patio area as Fr. Majka led us in prayer of the Rosary's Five Glorious Mysteries. Shortly after noon, we were seated in the very comfortable pews of the chapel as Msgr. Mahler concelebrated mass with Fr. Majka and Fr. Trong. Our visit ended too soon as 2:00 arrived and we were still in the dining room enjoying a relaxing lunch. Many wished they could have stayed for an entire day!



Fr. Majka and Msgr. Mahler



THE FOUNDATION
FOR THE CATHOLIC DIOCESE OF ARLINGTON

BELIEVING IN THE FUTURE OF OUR FAITH

Are you looking for a way to centralize and direct your charitable giving while being able to help ensure **long-term financial stability of your parish, school, diocesan ministries, and other entities aligned with the principles of the Roman Catholic Church?** If yes, that capability is available through *The Foundation for the Catholic Diocese of Arlington (Foundation)*.

Our *Foundation*, a 501(c)(3) public charity, was created in 2011, and operates exclusively for charitable purposes. We work with individuals and families interested in charitable giving today while creating their philanthropic legacy for the future. **Donors can personalize their giving to realize dreams in perpetuity.** Our *Foundation* representatives talk with staff from diocesan ministries and entities to complement their current development efforts and assist them in securing philanthropic support. **The *Foundation* offers donors a way to coordinate their legacy in line with their beliefs and values.**

One of the options for parishioners is to establish a **Donor Advised Fund (DAF)**. A DAF provides the

parishioner and their family with an efficient and effective way to carry out sacrificial giving and conduct their philanthropy. It provides the opportunity to **focus family energies on the true joys of philanthropy** rather than the administrative burdens of maintaining a private family foundation.

The *Foundation* may receive and manage planned gifts to support longer-term charitable commitments. These gifts can include a bequest from a will, a trust, and/or a life income agreement.

For more information, go to arlingtondiocesefoundation.org or mail in your request on the form below.



Robert and Martha Hatter with Fr. Mark Mealey, Vicar General of the Diocese of Arlington

Ways to Learn More

The Office of Development offers a free educational seminar to assist parishioners in obtaining a better understanding of the sometimes complex process of estate planning. A Catholic Estate and Personal Planning Workbook is distributed. A review of the Advance Medical Directive from a Catholic perspective is also discussed. Spring Seminars were held at St. Anthony of Padua in Falls Church and Holy Spirit in Annandale. **Catholic Estate Planning Seminars for Fall 2014 include September 30 at St. Agnes in Arlington.** Contact us at (703) 841-3819 for additional dates and details.

PLEASE COMPLETE AND MAIL THIS FORM



Please Send Me the Following Workbook/Information:

- A Catholic Estate and Personal Planning Workbook
- A Catholic Advance Medical Directive
- I'm interested in Charitable Gift Annuities. Please send me complementary proposal information; My/our date(s) of birth: _____ / _____
- I am considering a bequest to our church and request approved bequest language
- Information on establishing a Fund within *The Foundation for the Catholic Diocese of Arlington*



- I have already made provisions in my estate plans for a bequest to my parish and/or the diocese and would like additional information about becoming a member of the Catholic Heritage Circle.

Make a Gift and Receive Income

There is a solid, lifetime commitment made with each charitable gift annuity. At the moment you sign your agreement and transfer cash or marketable securities to The Catholic Diocese of Arlington or any of its parishes, schools, or missions, we are obligated to provide you with annuity payments for the rest of your life – until the very end.

Here is an example: Jane Doe is an 80-year-old who yesterday wrote a check for \$40,000 to benefit her parish in exchange for a gift annuity. Because we follow the rates recommended by the American Council on Gift Annuities (ACGA; currently 6.8% for single annuitants age 80), she will receive a quarterly check from The Catholic Diocese of Arlington in the amount of \$680.00.

Until the time of her passing, Jane can enjoy these benefits:

- Satisfaction in knowing that she made a substantial gift.
- Quarterly payments that will not change, even with changes in the economy.
- Payments backed by all of the assets of the Diocese.
- Payments that are partially tax-free during her life expectancy (the next 9.4 years).

Jane will also qualify for an income tax charitable deduction.

Annuity payments can be set up for two lifetimes, as in an example case of a husband and wife. They can begin immediately (as in Jane's example) or be deferred to start at the time a donor chooses, even several years into the future or upon the occurrence of an event (like retirement).

Each year, our Diocese issues gift annuities to parishioners who have obtained the age of 65. You can learn more about our gift annuity program and how much you (or someone else) might receive for a particular gift, with no cost or obligation. Simply complete the form below and mail it back to us. Upon receipt, we can provide a confidential illustration. More information is available at www.legacy.vg/arlingtondiocese.



IRS CIRCULAR 230 NOTICE: *We encourage you to seek legal and tax advice in connection with gift and planning matters, as neither the Catholic Diocese of Arlington, nor any of its employees, can provide any legal or tax advice.*

Please tear off and return in the enclosed envelope. (Spring 2014)

Please contact me (us) via email. The email address is: _____

Please contact me (us) by phone at: _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Mail this form to: The Catholic Diocese of Arlington, 200 N. Glebe Rd., Suite 811, Arlington, VA 22203

Upcoming Events

The Diocese of Arlington Catholic Heritage Circle (CHC) honors the Christian generosity of those who are providing for the future of the Church. Membership in the CHC is open to anyone who makes a planned gift to the diocese or any of its parishes, schools, programs, agencies, or organizations. Through membership in the CHC, you will partner more closely with our Bishop in supporting the work of your parish and of our diocesan church. As a partner with the Church, you will have the opportunity to be further involved in the activities, ministries, and faith of the diocese.

These opportunities include:

- Invitation to an annual dinner hosted by His Excellency, the Most Reverend Paul S. Loverde.
- Invitation to daytime outings which are selected in response to input received from CHC members who wish to learn more and visit ministries supported by the diocese.
- A Certificate of Membership.
- Special correspondence from the Bishop that updates you on diocesan activities and future plans.

The 8th annual appreciation dinner will be held on Saturday, November 15, 2014 following the Vigil Mass at The Cathedral of St. Thomas More in Arlington. Invitations will be mailed in the fall. (Of note, this timing is different from date announced previously.)