



HERITAGE NEWSLETTER

*A semiannual publication of the Development Office
of the Catholic Diocese of Arlington*

FALL 2018



A Faith Filled Life

Ginny Cavender grew up in Philadelphia and as a young girl, she would accompany her friend when she went to St. Bartholomew's Church for confession. From her first visit, Ginny was amazed by the stained glass windows, the altar, and people praying while staring at Jesus Christ on the cross. These visits were the beginning of her fascination and interest with the Catholic faith. After marrying her husband Bill, a Catholic, Ginny converted to Catholicism.

Ginny and Bill raised their three children as Catholics. The family attended weekly Mass, the children enrolled in CCD and they all received their sacraments. As longtime parishioners at St. Louis Parish in Alexandria, the Cavender's have supported their parish and the Bishop's Lenten Appeal. Both were extraordinary ministers and participants in the annual March for Life. Ginny says the rituals and traditions of the Catholic faith provide a sense of contentment and security.

Ginny has not escaped the challenges and heartbreak we all face in our lives. Her daughter Virginia was diagnosed with a rare cancer as a teenager. Ginny's nursing skills and strong faith helped her care for her daughter and cheer her throughout treatment. Virginia now teaches art at St. Michael's School in Annandale.

Last year Ginny's faith provided the comfort and strength needed through Bill's pancreatic cancer diagnosis and eventual death. Father Dort Bigg, from their parish, visited often to pray and comfort them during this difficult time. Bill died on April 29, 2017. Ginny and Bill had been married for almost 51 years.

This past spring, Ginny learned that the annual diocesan WorkCamp program was seeking volunteers. She knew her daughter Virginia was participating as a Team Leader along with her grandson Mitchell, so Ginny signed up. Three generations at Workcamp!

With Ginny's nursing background, she joined five other nurses to manage the clinic at Massaponax High School in Fredericksburg. She dispensed medications, treated heat exhaustion, bug bites, bee stings, allergic reactions, and even homesickness. Ginny welcomed practicing her nursing skills and caring for others. The bond of common values, morals and faith with her fellow nurses was a bonus.

Ginny was heartened watching the teenagers freely celebrate, express, and share their faith.

"Helping the youths, whether it's for a blister or homesickness has been a fulfilling experience" she said. Knowing she reaps more than she sows, Ginny looks forward to Workcamp in 2019.



Give the Gift of Peace with a Valid Plan

Whatever your net worth may be, or size of your family, remember to protect your loved ones from legal chaos by leaving them with a completed and valid Will or Trust.

When you care enough to provide your beneficiaries with a legal Will or Trust, your intentions are documented so your executor(s) will know how to distribute your assets to heirs, charities and if applicable, guardians named for minor children.

Without your Will or Trust and a notification of where they are located, your family can be subject to:

- Legal uncertainty
- Family estrangement
- Forfeiting unknown assets such as life insurance and veteran benefits
- The state being appointed as executor of the estate
- Lawsuits and court battles that may decrease estate value

Write your Will or Trust, so your family can grieve and heal from your loss instead of being burdened with confusion and doubt.

Increase Your Income

New higher charitable gift annuity rates!

You can earn fixed, guaranteed income for life when you establish a charitable gift annuity with cash or appreciated stock. To learn your specific CGA rate and request a charitable gift annuity illustration, contact Gretchen Koch at (703) 841-3819 or gretchen.koch@arlingtondiocese.org.

Current Age	New CGA Rate
70	5.6%
75	6.2%
80	7.3%
85	8.3%
90	9.5%

Give Ten

If thinking about an estate gift, consider:

*A gift of \$10,000 of stock
10% of your estate
\$10,000 in cash*

Putting God's Will in Your Will

A gift to the Church in your Will can be:

Changed if necessary,

A percentage, a dollar amount or real estate,

The remainder of your estate after obligations are met,

Designated for your parish or a specific ministry or program.

Consider the ultimate gift of gratitude with a gift to the Church in your will.

Simplify your Charitable Giving With a Donor Advised Fund (DAF)

When you consolidate a few years of your charitable giving and create a Diocesan DAF with cash or appreciated stock, the benefits are:

- An immediate charitable deduction of the value of the gift
- Capital gains tax relief for appreciated stock
- The flexibility to direct DAF grants in future years
- Investment screening in light of Catholic teaching
- Avoiding the expense of creating a family foundation

Reduce Your Tax Burden

If you are 70 1/2 and older, consider gifting all or a portion of your required minimum distribution, (RMD) directly to the Diocese, your parish or Catholic Charities before the end of the year.

Even if you choose the standard deduction for 2018, you can still reduce your tax bill by donating a portion of or all of your RMD. While this type of gift does not provide a charitable deduction, it is an ideal way for non-itemizers to decrease taxable income while providing support to the Church.

A Reason to Give



"I named Sacred Heart of Jesus Parish as a beneficiary of both my retirement plan and in my Last Will & Testament. I have received many spiritual graces through the shepherding of the various Pastors and Parochial Vicars over the years and this is my small way of saying thank you to this wonderful parish."

Robert Kopczenski

Consider a Gift From Your Assets, Not Your Income

Everything you own makes up your net worth. Assets such as: your home, vacation property, investment accounts, retirement plans, or even old insurance policies are ideal assets for charitable gifts and estate gifts. Consider making your charitable gifts from your assets, not your income.

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- Enclosed is a gift for the Seminarian Education Endowment Fund (SEEF)

Start your Estate Plan By Requesting these helpful resources...

- A Catholic Estate and Personal Planning Workbook
- A Catholic Advance Medical Directives Booklet
- A free, no-obligation proposal of the benefits of creating a Charitable Gift Annuity
My/our date(s) of birth : _____ / _____ (suggested age: 65 & older)
- I have already made a provision in my estate plans for a bequest to my parish and/or the diocese and would like information about membership in the Catholic Heritage Circle.*
- I am considering a bequest to my parish and/or diocese and request approved text
- Information on establishing a Donor Advised Fund within *The Foundation for the Catholic Diocese of Arlington*



(Please see other side)

Father Michael Isenberg is the new Director of Vocations



- Father's key role is working with our seminarians who are in formation
- The Diocese currently has 46 seminarians studying for the priesthood at one of these five seminaries:
 - John Paul II in Washington
 - Mount Saint Mary's in Emmitsburg
 - The North American College in Rome
 - St. Charles Borromeo in Philadelphia
 - Universidad San Dàmaso in Madrid
- In June 2019, God willing, five men will be ordained to the priesthood and five men to the diaconate
- Father Isenberg said his favorite memory as a seminarian, was meeting Pope Benedict while studying at the North American College



The Seminarian Education Endowment Fund (SEEF)

To support the future of the priesthood
please make check payable to:
Foundation for the CDA

(include SEEF on memo line)

and mail to:

The Catholic Diocese of Arlington
200 N. Glebe Road, Suite 811, Arlington, VA 22203

or use the enclosed envelope. Thank you.



Questions regarding Planned Giving, contact Gretchen Koch.



Gretchen Koch
Director of Planned Giving
Diocese of Arlington
(703) 841-3819
gretchen.koch@arlingtondiocese.org

Please tear off and return in the enclosed envelope. (Fall 2018)
(Please see other side)

Please contact me (us) via email. The email address is: _____

Please contact me (us) by phone at: _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Mail this form to: The Catholic Diocese of Arlington, 200 N. Glebe Rd., Suite 811, Arlington, VA 22203