



HERITAGE NEWSLETTER

FALL 2015

A semiannual publication of the Catholic Diocese of Arlington

Responding in Faith and Gratitude ~ Fairfax Station Couple Places Trust in the Lord and Church when it Comes to their Stewardship



Giving of ourselves and making sacrifices for our Church requires a “leap of faith” on some levels. It calls for faith in God to continue to bless our families and our livelihood, and trust in the Church leadership to be good stewards of our gifts of time, talent, and treasure. Having a deepening faith in both of these things is what has motivated Eric and Barbara Mansfield to include their parish and diocese in their estate plans.

“Our faith in God and the Church has made us aware of the real meaning in life and that meaning is hopefully everlasting life with God in Heaven.”

Born and raised in Detroit, Michigan, Eric Mansfield received a commission from the U.S Naval Academy. After graduating, he spent four years on active duty based aboard ships in Norfolk, making several 6 month deployments. He then began working as an engineer in the DC area in the late 60’s. Barbara Mansfield was born in Peoria, Illinois, and also grew up in the Midwest before coming east, initially to teach, then embarking on a successful career at Ford Motor Company. Eventually the two met at the Washington DC Ski Club where they were both active members. Over the years, the Mansfields have spent time participating in Church

ministries and organizations such as the Knights of Columbus, Legion of Mary, their parish choir, and serving as Extraordinary Ministers of the Eucharist, all while attending Our Lady of Angels in Woodbridge.

Eric recently offered his thoughts on their philosophy of supporting the Church; *“Although we do support several charities, we have always had particular confidence in our giving to the Church. We believe in the mission of the Church and we know that gifts through our estate will be put to good use.”* This insight he gained and nurtured from his parents but also from his and Barbara’s experiences in the Diocese of Arlington. *“Certainly our parents have had the most beneficial influence on our faith lives. In addition we are so pleased to have been exposed to the many good priests of our Diocese as well as the Dominican Sisters of Nashville.”*

As years went by, the Mansfields felt compelled to remember their Church in their will. *“We’ve been so blessed throughout our lives that it was a natural decision for us to include Our Lady of Angels and the Arlington Diocese in our estate plans. Once we consulted with an attorney and understood the process, it was actually quite easy. We now have a sense of peace knowing that we are planning not only for our future but also for the future of our Faith.”*

In This Issue

- Bishop Loverde greets the Holy Father
- A reflection from the Director of Special Gifts
- CHC fall events
- Foundation update

Bishop Loverde Celebrates 50 Years as a Priest with a Pilgrimage to Italy and Visits with Pope Francis.



Bishop Loverde greets Pope Francis at Andrews Air Force Base

After 25 years as a Bishop, 16 of those years serving the faithful of the Diocese of Arlington, one might expect a Bishop of any era to begin to adopt a slower pace of life in his episcopacy. Not our beloved Bishop Loverde. This September, he accompanied over 40 pilgrims from around the diocese on a historical journey to the country of his ancestry, Italy. The trip was highlighted by visits to Palermo, Sicily, and Rome, just to name a few. In Rome, the Bishop spent time conversing with the Holy Father at his General Audience. In addition, the group was treated to a tour of the Pontifical North American College (PNAC) and dinner with several of our seminarians studying at the University. Bishop Loverde graduated from PNAC in 1965 and was ordained at St. Peter's Basilica.

Upon returning to the United States after the pilgrimage, Bishop Loverde was one of the first people to welcome our Holy Father, Pope Francis, when he arrived at Andrews Air Force Base. The Pope was greeted by a dozen or so Cardinals and Bishops from around the United States. Among the many visits along the Pope's tour in Washington, D.C., Bishop Loverde participated in the Bishops Prayer Service hosted at St. Matthew's Cathedral as well as the Canonization Mass for Junipero Serra at the National Shrine of the Immaculate Conception.

Keeping a busy schedule is nothing new to our Bishop. In his 50 years as a priest, with 25 years as a Bishop, he has been on a journey that has brought him closer to God and to the people of God than he ever imagined. In September, as required by Canon Law, Bishop Loverde offered his letter of resignation to the Holy Father and awaits a response. Our gratitude for his prayerful service and sacrifice to our Church is immeasurable. He continues to serve with a grateful heart and the same compassion and energy that brought him to the priesthood 50 years ago.

Most Reverend Paul S. Loverde
Ordained to the Priesthood: December 18, 1965
Installed as Bishop of Arlington: March 25, 1999

A Wealth of Wisdom: The Elderly and the Church

Earlier this year my wife and I spent our honeymoon in France and Italy and had the honor of attending the Wednesday General Audience with Pope Francis in Rome. After retrieving our tickets to the Audience, and finding our seats in the special newlywed section (Sposi Novelli) on the steps of St. Peter's Basilica, we were in awe and amazement of the historical setting we were sitting. As the Holy Father addressed the audience, my wife, who is fluent in Spanish and can understand Italian, began to interpret the Pope's words. The focus of his catechesis centered on the elderly and the valued role they play in our society and in our lives.

The Holy Father outlined the current problems in our culture that often labels the elderly as burdens, or a "weight", to be castoff. By contrast, Pope Francis pointed out that our Church has a long history of affinity toward the elderly. *"In the tradition of the Church there is a wealth of wisdom that has always supported a culture of closeness to the elderly, a disposition of warm and supportive companionship in this final phase of life."*

As many of us know, caring for an elderly loved one can be a challenging proposition. It requires considerable time, a gentle hand in dealing with their vulnerability, as well as patience in managing day to day needs. It is also a very fulfilling and rewarding experience and brings us closer to that person, which

also brings us closer to Christ. If you've ever experienced the joys of being a caregiver, you should thank God regularly for offering you the opportunities to help and provide *"companionship in the final phase of life."*

This Advent Season, may we hear the Holy Father's words to cherish and honor the elderly people in our lives. For they are truly *"men and women from whom we have received so much."*

For the full text of the Pope's March 4, 2015 General Audience talk go to:

https://w2.vatican.va/content/francesco/en/audiences/2015/documents/papa-francesco_20150304_udienza-generale.html

Matthew Dwyer joined the Diocese in 2015 and has over 17 years of experience working in Catholic Church Development.

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Catholic Heritage Circle Members Enjoy the Fall Season with a Pilgrimage and Appreciation Dinner



On October 15th, the Catholic Diocese of Arlington Development Office sponsored a pilgrimage to the National Shrine Grotto of Our Lady of Lourdes and Mount St. Mary's Seminary in Emmitsburg, MD. Approximately 25 Catholic Heritage Circle members participated. When everyone arrived at the Visitors Center, the group was welcomed by staff members who provided a brief overview and historical perspective of the Grotto. From there,

our pilgrims walked along the pathway leading up to the Grotto, a beautiful mountain shrine dedicated to Our Mother Mary. It is within this space that our pilgrims entered into silent prayer, some saying the rosary, others lighting candles offering prayer intentions for loved ones, and many pausing to see and touch an original stone from the Grotto of Lourdes in France.

At noon, our group attended Mass in the Chapel of Saint Mary on the Hill, also known as the "Glass Chapel." Fr. John Cregan, a retired priest of the Diocese of Arlington, and a graduate of Mount St. Mary's Seminary, was the celebrant. After Mass, we enjoyed a delicious lunch in the McGowan Center on the main campus. Our day continued with Fr. Cregan leading a tour of the Seminary, where five men from the Diocese are



currently enrolled. It was an ideal day for a pilgrimage; we were blessed with sunny, blue skies atop a mountain covered in orange and yellow fall foliage. It truly was a day filled with prayer, reflection and fellowship.

CHC Annual Appreciation Dinner

The Annual Catholic Heritage Circle (CHC) Appreciation Dinner was held at Our Lady of Good Counsel on November 14th with over 120 guests in attendance. These guests represented CHC members, those who have expressed an interest in learning more about estate planning, and those who have been faithful supporters to the Diocese or their parish over the years. The evening was highlighted by a reception with fellowship and conversation and a

tribute video honoring Bishop Loverde's 50 years as a priest. Bishop Loverde himself spoke for 15 minutes on the topic of gratitude, his life as a priest, and the importance of planning for the future of our Church. Several in attendance have become annual attendees and spoke glowingly about our Bishop and the evening's program. *"The Dinner was delicious and I always meet such delightful people."* Claire Hanley, St. John the Beloved Parish.

Overall, the appreciation dinner is Bishop Loverde's way of expressing his gratitude to those who are generous with

their time and talents to the Church as well as those who strive to see other ways to support the Church through their own estate planning.



START YOUR ESTATE PLAN BY REQUESTING THESE HELPFUL RESOURCES...



- A Catholic Estate and Personal Planning Workbook
 - A Catholic Advance Medical Directives Booklet
 - A free, no-obligation proposal of the benefits of creating a Charitable Gift Annuity
- My/our date(s) of birth : _____ / _____ (suggested age: 65 & older)



- I am considering a bequest to my parish and/or the diocese and request approved bequest language
- I have already made provisions in my estate or a bequest to my parish and/or the diocese and would like information about membership in the *Catholic Heritage Circle*
- Information on establishing a Donor Advised Fund within *The Foundation for the Catholic Diocese of Arlington*
- I have already made provisions in my estate plans for a bequest to my parish and/or the diocese.

(Please see other side)

McMabon Endowment Fund ~ Providing Tuition Support for Students at Bishop O'Connell High School.

Bishop O'Connell recently chose to take advantage of *The Foundation's* long term investment policy by rolling over an existing endowment fund that has supported their tuition assistance program for many years. The *Monsignor John J. McMabon Fund* was on account with the Diocese of Arlington since 1998. By rolling over this fund from their Diocesan account to *The Foundation*, Bishop O'Connell will now take advantage of higher annual distributions and the investment policy for this type of endowment. This fund, currently totaling \$50,000, will continue to offer tuition assistance to four students per year.



Rolling over an existing endowment fund or creating your own endowment fund is a critical step in securing the long-term success of our Catholic Schools. *The Foundation* distribution policy allows for grants of up to 4% of the funds principal each year.

What is an Endowment?



An endowment fund in *The Foundation for the Catholic Diocese of Arlington* is a restricted, donated gift that is invested to produce perpetual income for a parish, school, or Catholic organization within the Diocese.

IRS CIRCULAR 230 NOTICE: *We encourage you to seek legal and tax advice in connection with gift and planning matters, as neither the Catholic Diocese of Arlington, nor any of its employees, can provide any legal or tax advice.*

*Please tear off and return in the enclosed envelope. (Fall 2015)
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Please contact me (us) via email. The email address is: _____

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Name _____

Mailing Address _____

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Seminarian Education Endowment Fund (SEEF) surpasses \$600,000 in cash and pledges!

This October saw a significant increase to the education fund of our current and future seminarians. Over \$250,000 will be added to the SEEF as a result of a tribute mailing honoring Bishop Loverde's 50 years as a priest, as well as a generous matching gift. With a minimum goal of achieving \$1,000,000 toward this fund, we ask you to join our effort in securing the future education funding of our seminarians.

Donate Today

To support *The Foundation*, make checks payable to:
Foundation for the CDA

Mail To:
Foundation for the CDA
200 North Glebe Road, Suite 811
Arlington, VA 22203

Please indicate the fund you would like to support in the memo line (ie. SEEF, McMabon Fund, etc.)

Mail this form to: The Catholic Diocese of Arlington, 200 N. Glebe Rd., Suite 811, Arlington, VA 22203